

January 20, 1981 Questions and Answers in Darśana with Bābā Hari Dāss

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. R is comments likely of the chalkboard reader. U is other voices in the notes which were unattributed. Often, based on grammar and content, this is likely Babaji. Comments in square brackets are generally those of the typist. Comments in parentheses are likely that of the reader. There was editing for format and IAST transliteration of Sanskrit terms.

Q: Awakening of kuṇḍalinī during childbirth?

B: Kuṇḍalinī gets excited. Awakening of kuṇḍalinī means what? Kuṇḍalinī is coil.

Ignorance. When a person is enlightened, kuṇḍalinī uncoils. Means ignorance of the world is broken. In pregnancy, a woman stays in a higher state. [Bābājī said more than once that ether is predominant throughout pregnancy.] In childbirth, kuṇḍalinī can get excited and bring visions.

Q: Can it shoot up and fall back down?

B: Fall of kuṇḍalinī is return to ignorance.

Q: It's not possible?

B: Not according to yoga. It's not a physical thing.

R: That can go up and back down.

B: It's an energy. People say "my third cakra is open." And not the second.

R: It's impossible.

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