

## December 17, 1977 Darśana with Baba Hari Dass

[Liberally paraphrased, with reader's comments.]

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. R is comments likely of the chalkboard reader. U is other voices in the notes which were unattributed. Often, based on grammar and content, this is likely Babaji. T indicates reading from an unidentified text. Comments in square brackets are generally those of the typist. Comments in parentheses are likely that of the reader. Names of individuals who are not public figures are changed to protect their privacy. There was editing for format and IAST transliteration of Sanskrit terms.

- R: Babaji lived in the cave for fifteen years. For the first six or seven just in the cave, then they (others) built a structure over it. He had half a dhotī cloth, when it was 12 degrees below zero surely centigrade, so 10 degrees above zero Fahrenheit, and damp. Dampness is what is bad. Intestines swell up. Person who does a lot of sahita has body heat, doesn't need much clothing (even in cold). Babaji had to gather firewood. "If you are going to do yoga, forget comfort."
- U: People who have had a lot of LSD are unusually convinced of a few things because certain ideas have become deeply imprinted during the LSD trips when emotion is deepened and linked to them (those points). People who've used drugs a lot, LSD, hash, look older before their time. Marijuana is more harmful for younger people, the younger a person is. In any case, it takes 2-3 years before it is gone from the system. "I've not seen one person who has attained higher consciousness because of drugs." Smoking gañjā or hashish is a tradition with tyāga [original term taiga] sect.
- R: Next highest sect is Nāga: they don't wear clothes.
- B: Sādhus believe one attains salvation if killed while trying to save a cow, a Brahmin, or a woman.
- R: Babaji never accepted their beliefs about cows, about how to handle the cow problem in India.
- U: Sādhus are unaccounted people. If the police or anyone else kills them, no one will ask questions.
- B: Each sect of sādhus is so wealthy, they drink out of gold cups. They live like kings.
- U: When the leader dies, they have lawsuits over distribution of the wealth.
- B: The wealth is from offerings.

Q: During Mukṭānanda's 1970 trip in USA, Ram Dass had the job of buying hash for him. He would eat balls of it.

B: Saṁnyāsin aren't allowed to smoke.

U: Young boys who are rejected by their families or disinherited become sādhus, and having no money, no house, no sex, and tapas all brings anger. Smoking gañjā dissipates all the anger. But they are just rocks. They don't think about getting enlightenment. They just live.

B: Mustard seed controls excess air following sickness. Symptoms are burping, gas, headache.

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