

Following are questions and answers in the same setting, Dec. 31, 1980.

Q: Does skull shining cause bloody noses?

A: If someone has (pitta?) inside, it can cause. By eating hot food also.

Q: What is the rule in disciplining children, especially babies?

A: Babies are beyond discipline. When they start growing up, they copy their parents. Anything the parents do, it reflects in them. So parents need discipline first.

Q: What is the difference between the physical and spiritual world?

A: The physical world has a form and the spiritual world has no form.

Q: Is there a connection between them?

A: Yes. Without the physical world the spiritual world will have no base. Like tea in a cup. Tea is in a cup. But they are different.

Q: When I concentrate I get a noise in the right ear and sensation at ajna. Which should I concentrate on?

A: First comes sound. When the mind merges into the sound it transforms into light.

Q: What is the sign of first stage of samadhi?

A: The first stage of samadhi is savitarka. It is another name of meditation. The mind is concentrated on one object and the mind hovers in three things: name, form, and idea.

Q: Are there ever tears flowing in samadhi?

A: In bhava samadhi (emotional trance). In savitarka, also.

Q: What is a sign of bhava samadhi?

A: In bhava samadhi the 8 emotions appear -- 1, 2, 3, or 8 together. (Badri: the eight sattvic emotions) Tears, trembling, horripilation (gooseflesh), yawning, cracking of voice, fainting faint...

Q: What is to go beyond this stage?

A: Asamprajnata samadhi. (Badri: a level of samadhi after complete knowledge is attained, there's no more support, and the mind dissolves, no more sense of I-ness).

Q: What's the difference between spirit and the mind?

A: Spirit is a combination of three energies: jnana (consciousness), iccha (will to create), and kriya (matter). Mind is created by thoughts, samskaras, and desires (Badri: samskaras are prints in the mind, created by our actions, and making us repeat those actions).

Spirit is a master, and the mind is its servant. But in a state of ignorance, the mind doesn't identify with the spirit.

Q: Is there a difference between magic and spirit?

A: Magic means what?

Q: Moving energy with one's mind.

A: Do you mean siddhi?

Q: Yes. Manifesting phenomena.

A: All supernatural powers are advanced state of mind. Or we can say all powers are special minds. (Badri: the way Patanjali describes it is that in the process of becoming identified with the spirit, or God, the powers come, as a result of perfection of the mind. But they are not themselves that perfection until one becomes a siddha, or perfected being, which means that one is identified with God or the spirit.)

Q: So concentrating on phenomena is outside the realm of spirit?

A: Spirit is the main power, like a magnet whose presence rotates the iron wheels around it. (Badri: it does nothing, but is needed for everything to move, so in that sense nothing can do anything without the spirit.) The mind is an iron wheel which cannot rotate by itself.

Q: So spirit is the source of energy and the mind controls it?

A: Yes.

Q: Can we keep spirit and the mind in alignment?

A: That's what yoga teaches. (Badri: yoga means union, ~~xx~~ the union of our individual spirits, jivatma, or mind, with the universal.)

Q: Can you elaborate on the difference between tantra and yoga?

A: In tantra the senses are used to experience their objects and then withdraw. In yoga the senses are controlled. Both are equally difficult. Sometimes tantra is harder. It's like butter close to the fire and stopped from melting. If it melts, then it's not tantra. (Badri: In the West, there's a misconception of tantra as mainly sexual practices. That's one small aspect of it, with a lot of discipline and purification.)

Q: When you offer flowers to your guru, you shouldn't look at them or smell them (the flowers)?

A: By smelling, you have~~x~~ enjoyed it, so you are not offering the pure thing. It is considered impure. It's a cultural thing. In Hawaii they offer garlands from their neck. In Indian culture it is impure. Probably in Hawaiian culture they feel it is a meeting of hearts. So both are right in their own way. Savari was a tribal. She was very devoted to Sri Rama. She collected berries for Rama and tasted each berry to see if it was sweet. In devotional stage those rules are broken.

Q: In THE ESSENE GOSPEL OF PEACE it says not to cook food or freeze it. Do you have any comment on this?

A: Raw food is hard to digest. It cannot be a rule applicable to every person. In freezing it the decaying process still goes on.

Q: Brahman is the causeless God. ~~in~~ What is the cause?

A: Brahman is causeless. If we say there is a cause, then we cannot say Brahman is limitless. (if we say) it started from somewhere, this breaks the law of limitlessness.

Q: Have you heard of any best sutras or anything else written by Patanjali (other than THE YOGA SUTRAS)?

A: Patanjali wrote Ayurveda and some books say he wrote grammar and Kartāya Arta Shastra. Because the history is lost of his time, so people don't know how many things he wrote. They only guess by similar language used in different books.

Q: Could you recommend a treatment for a cyst or subcutaneous boil of the eye?

A: Copper. Rub it on a woolen cloth till it gets hot. Touch it on that place three or four times.

Q: Can you say something about having your body x-rayed, and is there anything to take to counteract the effect?

A: It affects - that's why they take so much precaution. There is a degree when it starts harming. If it is not in that stage, by eating cooling foods it can be purified.

Q: What do you do if you feel a fever coming on?

A: Caused by?

Q: Getting a sore throat, and ---

A: Tulsi leaves and ginger tea.

Q: I have a headache which goes across the temples and over the ears and occipital region. Would you say something about cause or remedy?

A: When did it start?

Q: I had it often as a child, and now it comes back sometimes.

A: It is a bile or pitta derangement. If the digestive system is strong, it will go away. Have you tried isabgol husk? ishagol. It's cooling. (Badri: It's a laxative and cleans out the intestines, and will clean out the excess pitta.)

Q: Any recommendation for loss of skin pigment? Blotches?

A: Bābachi seeds. It grows in this country. It is taken orally and also as a paste on the skin. It burns.

Q: If a man has a vasectomy, will he lose prana?

A: The formation of semen doesn't stop.

Q: What happens (describes operation)?

A: (Badri: There's no storage of the sperm; it goes right into the blood stream. The formation of the semen still goes on, so there's no loss of prana.)
Semen is formed by the blood.

Q: How do you know when you're on the right path and not just playing a game and living up to other people's expectations?

A: It's very hard to know, because we are functioning in ignorance. Even when we are on a right path it can change to a wrong path in a second. So the first thing is to purify the mind. Only then can we see right and wrong.

Q: Is there anything that can be done for bed-wetting when it is inherited?

A: In homeopathy there is a very good cure for it.

Q: Does Babaji support the teachings of Satya Sai Baba?

A: All saints say the same thing. Anyone who teaches the methods of attaining peace should be accepted by everyone. Otherwise everyone would be contradicting their own teachings. He tells about God, how to get out from this ignorance, etc. I accept.

Q: I've hurt my thumb and tendons down to the wrist, not broken.

A: Is it numb?

Q: I can't hold things, and they're pain.

A: Sand and salt fomentation. (Badri: mix sand salt, heat in pan, put in a cloth, and apply -- Babaji says to see Ambika who will tell proportions and help fix it.)

Q: Any comment on Rajneesh and his present popularity?

A: He is a very learned man. What he says is supported by scriptures. But how people follow him is a different thing.

Q: I hurt my arm several years ago and can't straighten it.

A: Pain?

Q: Only if I stretch it hard.

A: Then don't worry; it still bends in the right direction. (laughter)

Q: What is the masthaka granthi and the function of it?

A:

What follows is not from the tape, which ended a little early, but from notes which were taken at the time and checked up to this point and found reliable.

A: Masthaka granthi is a junction of ida, pingala, and shushumna. It is a door of the energy to enter ajna, or say it is a part of ajna (Badri: in the subtle body structure).

Q: What is the goal of a college or university education?

A: Education is always good. You learn something in college. The degree has a value in the society. So in the social structure you possess something which has some value.

Q: Does devotion purify the mind, or is it not real devotion until the mind is purified?

A: Devotion always purifies the mind. Devotion comes in degrees. (Badri: in order to have pure devotion you have to have a purified mind, but in order to have your mind purified you need some devotion to get there.)
