

January 22, 1981 Questions and Answers in Darśana with Bābā Hari Dāss

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. R is comments likely of the chalkboard reader. U is other voices in the notes which were unattributed. Often, based on grammar and content, this is likely Babaji. Comments in square brackets are generally those of the typist. Comments in parentheses are likely that of the reader. There was editing for format and IAST transliteration of Sanskrit terms.

Q: The mind [grabbing something desired]

B:

No one is telling us to grab. Even pleasure is with pain. It's the easiest problem, which can't be solved. We know we are grabbing it, and if we leave it we are free, but we can't.

Q: Why?

B: Saṃskāra [unconscious memory of past experience].

Q: [missed]

B: Bliss is beyond both.

Q: Can a person become attached to bliss?

B: [No.] If we think bliss is a mental feeling.

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