

August 9, 1977 Darśana with Baba Hari Dass

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. There was editing for format and IAST transliteration of Sanskrit terms.

- B: People confuse compassion, attachment, and love. All positivities are based on love, but not complete love. Like all negativities are based on fear, and not complete fear.
- Q: Complete fear?
- B: Anger is fear, but we don't see fear in anger.
- Q: But when we have complete fear, we see that?
- B: Yes.
- Q: Passion, compassion, dispassion?
- B: Passion is a desire for sensual objects. Compassion is a desire to help others. Dispassion is beyond both.
- Q: Rāma's or Hanumān's anger is battle relates to fear?
- B: That battle is symbolic. Battle with negative and positive qualities within ourselves. There is also a fear that negativity will overpower.
- Q: A sage's cursing someone out of anger.
- B: A doctor cuts an abscess. It's the same. Sometimes we get angry to help. Like a mother gets angry at her children.
- B: In tantra, God's energy is worshiped in the form of maṇḍala, sounds, colors, mantra. The gāyatrī mantra is the highest, includes all, as śrī cakra is the highest maṇḍala, includes the whole universe. Gāyatrī is goddess.
- Q: Relationship between flying and being in samādhi state?)
- B: In samādhi, one flies within suṣumṇā. Khecarī mudrā is for that. There is a similar feeling. Feeling the effects of each cakra in suṣumṇā is a higher stage. First there is (just) a feeling of flying.
- Q: Interacting with a piece of music, playing someone else's music.
- B: If one accepts the other's ego, there is no competition.
- Q: No relationship?
- B: A relation of joy. You want to share the other's joy while creating?
- Q: Yes.
- B: A painter gets joy while he paints. The seer gets joy after it is finished. Acceptance here is to enjoy the reality of that music.
- Q: Why is uḍḍiyāna bandha correlated with sense of flying?
- B: It also pushes kuṇḍalinī energy into suṣumṇā.

B: A dream is real at the time of the dream. It is not real when you wake up. The same as the dream of this world.

Q: When someone dreams about you, Babaji, do you dream about them?

B: If I am asleep.

B: Aparigraha injunction not to receive gifts is not for this culture.

Q: In India?

B: Gifts from a lower person. They give gifts to please him. Here it is mutual.

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