

July 19, 1977 Darśana with Baba Hari Dass

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. R is comments likely of the chalkboard reader. Comments in square brackets are generally those of the typist. Comments in parentheses are likely that of the reader. Names of individuals who are not public figures are changed to protect their privacy. There was editing for format and IAST transliteration of Sanskrit terms.

Q: TM's courses to teach levitation.

B: People believe so easily in such things. Without having perfected control of the five elements, one can't. We don't even have control of hunger, thirst, asleep, etc. The five tanmātra plus manas, buddhi, and ahaṁkāra equals eight. The body constituted by these elements is called parastak [spelling?]. Those who do it (levitation), they first reduce their gross weight. At the same time increase their tanmātrika energy.

Q1: How can they get away with such claims?

Q2: They can show hopping.

Q3: This is all they've demonstrated publicly so far.

B: If you take the practice and don't fly, it's your fault.

Q: Have you studied it, done it?

B: I practiced for fourteen years. Either you die or you achieve. Flying is easy, but controlling hunger, sleep, etc. are difficult. To practice such a sādhana could be a daily sādhana from sunrise to sunset. Very difficult. Control of sleep and reducing weight. These are the main things.

Q: How low do you go in the weight?

B: 56 pounds. [So Babaji was not joking a year ago when he said his weight went down to 59 pounds, whereas at 55 you can fly.]

Q: What is the value of attaining that?

B: Nothing. You can still be angry, depressed, or in pain. It is a more physical level. Not complete enlightenment.

B: If anyone claims, there is a test. Tell him to stand on the surface of a water pond.

Q: Pretty hard to hop on water!

B: Once a yogi challenged [Satya] Sāibābā if he will walk over the water. He (the yogi) had other siddhi. He could eat poison, iron, glass, etc. Sāibābā did not reply. So the yogi said he will show it. He took people to a swimming pool, stepped over it, and reached the bottom. I met a man who could eat gramophone needles, glass, pins, etc. I saw his x-rays. Everything was there. The doctors said he had a special kind of digestive system.

Q: Was he digesting it?

B: Yes. He swallowed a watch. He did not know he had this power. Once he tried to commit suicide but he did not die. I met a twelve-year old pickpocket who could tell the exact amount of money in each pocket. Police arrested him and told him now show your art. He said if you release me still I can show it. He was born with that power.

B: There is a method of drinking urine and using it for tinctures. In human beings, male urine. In animals, female urine. For burns and cuts it's different.

Q: Is healing of the body a trap? [missed the answer]

Q: The Water of Life is a book about uses of urine.

B: Several people do it. In England a man has written a book about it. In Ayurveda, several chapters. In tantra it is a method. Urine has a few things (in it) which cure seminal diseases. In Ayurveda, the impurities...

R: ... in urine, etc.

B: ... are as important as other things. What kind of urine is good and what kind bad. It is not good to do...

R: ... as a method

B: ... by hearing and seeing someone.

R: ... tell how.

B: People eat their own stool at the time of famine. They eat dead humans also. To save life one can do anything.

Q: Is it better to die in a case like that?

B: Every living thing tries to live.

Q: Why is the will so strong?

B: Attachment to the world. I'll no longer see these people, I'll no longer taste food, etc. All these memories come like a movie. You see it. The mind is so concentrated on the idea of living that you can see it when you are trapped in a dying situation. Once I was climbing one mountain and stepped on a rock that was covered by moss. There was a deep valley, and I stopped at the end of the rock. I had to climb back on the moss....

R: ... over the rock.

B: So I know how it feels. You see death. It's a reflex action to want to live.

Q: Does peace come inside when we conquer this fear?

B: Peace and fear both are together. When fear predominates, then it covers the peace. Fear is also important for the world.

Q: How?

B: Otherwise a person will not care about anything.

Q: How does that relate to dispassion?

B: It is for pravṛtti.

R: ... evolution.

B: Dispassion is for nivṛtti.

R: ... involution.

Q: Could it be a feeling of being glad to be alone?

B: I am tired of this is not dispassion. It is frustration.

B: Dispassion is positive. It looks negative to those who are in pravṛtti.

Q: Is it a good feeling, it really feels good?

B: Yes. Your attachment is your pain. If attachment is not there, peace.

B: Pravṛtti ends...

R: ... only

B: ... on the individual.

R: ... level.

B: Anyone can get the knowledge to go back to the source at any time.

Q: How does one raise one's vibrations from a low level to a high level?

B: By developing positive qualities. When we have bad thoughts, our vibrating level is low.

Q: Different spiritual paths in same household.

B: If people really understand, there is no difference [or maybe Babaji said: it doesn't matter].

Q: [A satsaṅga member] told me to get angry?

B: Did you punch his nose?

[The person asking the questions has an ulcer flaring up.]

B: Husk of psyllium seed. Put it in hot milk and drink it. Put it in yogurt if there is burning inside or during urination. Generally men get later during summer. It cures it in half an hour.

B: Some people can't digest milk. But I notice that at a certain age they start digesting (it). I think it is related to some psychological thing. When a child starts eating food, mothers don't want to give them breast milk. They create a hate in them for milk.

This material is licensed by Sri Rama Foundation under a Creative Commons: Attribution-NonCommercial-ShareAlike license. The rights of use and limitations can be found at <https://creativecommons.org/licenses/by-nc-sa/4.0/>.