

January 10, 1978 Darśana with Baba Hari Dass

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. R is comments likely of the chalkboard reader. Comments in square brackets are generally those of the typist. Comments in parentheses are likely that of the reader. There was editing for format.

- B: People in the Fellowship are afraid of each other, so no one is open.
R: ... and friendly with newcomers
Q: What causes the fear?
B: Sometimes inferiority complex. Sometimes comparison and competition. We don't want to compete, so we avoid. We don't know (it), but we do it.
Q: Go toward the fear?
B: Cut the root. Which is to compete. Why to feel inferior [Babaji's question]? By understanding, you cut the root. If I accept I can't be six feet tall, then I will not be afraid to stand with six foot tall people. All fears are based on fear of death. The fear of death is
R: ... fear of
B: ... losing. If we don't have to lose anything physically or emotionally, there is no fear. We lose only when we are attached.
- Q: What to tell a person who is dying?
B: When a person is about to die, he gets very frightened and emotional and doesn't want to listen about death. If you tell everything about death, it still will not pierce his mind.
Q: What is death?
B: Complete forgetfulness of past identities.
- Q: Pain and stiffness in joints of hands.
B: It happens to all here in winter. Kapha predominates. Take nutmeg in your food.

This material is licensed by Sri Rama Foundation under a Creative Commons: Attribution-NonCommercial-ShareAlike license. The rights of use and limitations can be found at <https://creativecommons.org/licenses/by-nc-sa/4.0/>.