

August 25, 1978 Darśana with Baba Hari Dass at a Retreat

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. R is comments likely of the chalkboard reader. U is other voices in the notes which were unattributed. Often, based on grammar and content, this is likely Babaji. Comments in square brackets are generally those of the typist. There was editing for format and IAST transliteration of Sanskrit terms.

- Q: Do any Jews know the meaning of the yamaka [yarmulke]?
- B: Someone must know.
- Q: Various synagogue explanations....
- B: In Hinduism it has a measurement. 3 1/2 rounds: nāda is one coil, bindu is one coil, kāla is one...
- R: ... = AUM
- B: ... and ardendu...
- R: ... which means half moon
- B: ... is the half. Kundalini is also coiled 3 1/2 times.
- Q: Babaji also wrote that birth, growth, decay, and death are the 3 1/2. Corresponds to Brahmā, Viṣṇu, and Śiva?
- B: Yes. Ardendu is śakti... ardha = half, indu – moon.
- Q: How can one distinguish between God's will in our day-to-day life, and our own subtle desires?
- B: By purifying the mind.
- R: Then there will be no question.
- B: As long as the mind is impure, it is all our will. Because God shows only in pure minds.
- Q1: If the mirror is smeared over, one can't see oneself.
- Q2: He wouldn't even think about it unless asked....
- B: It's God's will.
- R: ... he will say.
- B: God's works.ś
- B: Once an elephant trainer yelled at his elephant. The elephant killed the man and his wife, broke the tent, saw the man's son and put him on his back.
- U: He could see the purity of the boy. There was nothing to arouse his anger.
- Q: Saying what one does is God's will comes from ego.
- B: But it can become true. It's making saṁskāra.
- Q: Have to get rid of the bad saṁskāra first, then the good ones.

- B: Ego is important.
R: Need go [ego?] to stay in body.
B: I have to find God.
R: That "I" is ego.
Q: Isn't it all God, nothing good or bad?
B: But it is important.
- B: Mind is for making those distinctions. Fire is not water.
Q: Judging people....
B: In people we see ourselves.
Q: Often the people we are most resistant to are the ones most like us.
B: How much bad we see in others is already in us.
Q: Otherwise there would be no way to identify evil in others.
B: It is in him also. If we see it bad because it is in us
Q: But isn't everything in us?
B: Some buried saṁskāra.

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