

May 21, 1977 Darśana with Baba Hari Dass

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. R is comments likely of the chalkboard reader. U is other voices in the notes which were unattributed. Often, based on grammar and content, this is likely Babaji. Comments in square brackets are generally those of the typist. There was editing for format and IAST transliteration of Sanskrit terms.

B: We all are disguised, any way we dress. To hide what we understand about us.

B: We need ego to live.

B: Śaktipāta in its real form is awakening of kuṇḍalinī of a person by mantra, a look, a touch. Not an emotional excitement. The person who gets it remains in the state.

Q: A person can't get it unless he's ready for it.

B: A man who was chasing a woman once told me he touched her finger and his whole body felt like he touched an electric wire. There was an expectation and fear. The same in emotional excitement. Our own emotion. Some people can feel ghosts and some can't. In emotional state we all are different. Some people are very weak and can be hypnotized easily. It's their own imagination.

Q: Where do babies come from?

B: To understand it we have to understand the mystery of death..... The prana, soul, atman, subtle body goes out from the body together with the saṁskāra, our past. The saṁskāra and the soul stay in a restful state just like we sleep at night to rest for the next day's journey. Death is that night and rebirth is the next morning.

Q: During the death state do we dream?

B: Who?! You're still relating that stage with the gross body. The gross body is an instrument to experience and express our emotions. Saṁskāra is also a dream, our past. It's not an element so it can't be a form, be seen. It can be felt....

R: ... emotionally

U: ... as it leaves the body of a dying person. Someone left and there's an empty house.

B: Intuition is super-mind.

Q: After that?

B: Higher consciousness. Beyond the mind. If higher consciousness is beyond the mind and after death there is no mind, will consciousness remain [Babaji's question]? In samadhi, the body is exactly the same. Non-functional, but you can see that someone is at home. When a person dies, you can feel very clearly that the doors are open and someone left.

Q: Reports of experiences of light and God during clinical death, and of not wanting to be brought back to life....

B: I think it is culturally determined. In India they report it different. Two demons dragged him away and were going to put him in an oven but didn't. Or Rama appeared and killed the demons. Our mind is a mysterious thing, can make its own movies.

U: For thirteen days the soul hovers over the body. The mind is not dead. In its very subtle way it is still connected to the senses.

Q: Uri Geller.

B: Some are born with psychic powers just by the law of probabilities. Siddhi is a power over the five elements. Has eight main forms. Simply telling thoughts or guessing past and future is not a siddhi.

Q: Jane Roberts' Seth, or Lobsang Rampa.

B: The person's own imagination.

Q: People who can write in foreign languages that they don't know.....

B: I've seen pick pockets who could tell the exact amount of change and which pocket. We all have those powers. I classify it as emotions. In an emotional trance the boatmen in India can communicate with their families and tell the names of foreigners.

U: This is not the same as a siddhi that comes through spiritual practice. Emotional state heightens awareness. This is not a siddhi. Heightened emotion is not higher consciousness.

U: {Satya] Sāībābā has siddhi.

Q: Heightened emotions....

B: True in an illusion. A person can tell untrue things also.

R: ... in an emotional trance.

Q: How does a curse that comes true work?

B: It's the same emotion that can destroy by thought waves. Mantra in healing works the same. Positive emotion. Using mantra as a tool. Curse works only if we accept it. We have to feel guilty when someone curses us, then it works,

Q: Cursing by thought waves?

B: Your purity of thought cures.

Q: Purpose of physical remedies?

B: Emotion is always based on something in the body. Mind and senses. Emotions create the movies.

R: ... in the mind.

B: Can be used to create more illusion or to get out of illusion. If the mind is pure then the emotion will be positive.

Q: Which movies to pursue?

B: Those that bring peace.

- B: Anything seen or experienced is a projection.
- Q: Some will see it and some won't.
- B: Those who see it are related to it. Two people fight. Some people pass by and don't pay attention, but their friend gets emotional.
- U: As baby grows, first hunger, then possession, then sex. In yoga, we control in the same...
- R: ... reverse
- U: ... order.
- U: Getting involved with others emotionally is good for going crazy. The doctor who cries with his patients will get sick. The doctor has to pretend.
- Q: Experience of stepmother's anger.
- B: Her thoughts were circling in the room. Anyone who came in would feel it. Some would ignore it and leave the room. Others would stay and feel miserable.
- U: Atheist is spiritual because he accepts nothing. That is the ultimate goal. Brahman is void. We accept to get something.
- U: Planning is unnatural. Like yoga. The natural thing is to go down. Yoga is to go up.
- B: The main thing is to reduce the thought waves in the mind.
- R: So if the thoughts are subsiding, the method is right.
- Q: The body is the universe....
- B: Which part is the body? Identifying with this body is ignorance. Quietening the mind gives a feeling of identifying with the universe.

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